

## Extended Care and Special Classes at Trinity

### Hours:

Trinity Preschool and Kindergarten opens at 7:30 a.m. and closes at 6:00 p.m. The morning program is from 9:00 a.m. – 12:00 p.m. The hours before and after the morning program are flexible daily for your convenience and are billed at the current hourly rate.

### Rest/Nap:

All children who stay for extended care are required to rest beginning at 1 pm. If you would like your child to nap for a longer period, we do have a nap period from 1-3pm. The school will provide a sheet, blanket, and a bag for storage. There will be a daily nap list on the sign-in/out clipboard for you to put your child's name on each day you would like him/her to nap. Children with an expected pickup time earlier than 3:00 p.m. will not be napped. From 1-3 all children have the option to take a full nap. This is a daily parent sign-up.

### Extended Care Schedule:

The Extended Care hours will be spent as follows:

#### Early Care (all ages)

7:30-8:30 a.m.	Free choice in the Red Door
8:30 a.m.	Everyone goes to their classroom.

#### Afternoon Care

##### Orange, Red, Yellow & Doors

12-12:30 p.m. Lunch (bring your own)

12:30-1 p.m. Outside play

12:30-1 p.m. Special classes  
(for those signed up)

##### Red and Blue Doors in Red Door

1-1:30 p.m. Quiet storybook time

1:30-2:30 Indoor Play

##### Purple Door and Blue Door

12 – 12:30 Outside play

12:30-1 Lunch (bring your own)

12:00-12:30 p.m. Special Classes  
(for those signed up)

##### Yellow and Purple Door in Yellow Door

1-1:30 Quiet storybook time

1:30-2:30 Indoor Play

#### Orange Door

1:00-3:00 Nap in Blue Door

#### Late Care (all ages)

2:30-3:30 outside play

3:30-4 Snack (provided)

4-6 p.m. Free choice including reading activities, board games, group puzzles, various art mediums, and dramatic play.

**Special classes** are offered at Trinity for an additional fee to the Red, Yellow, Blue and Purple Doors. Fees are payable directly to the instructors, not to Trinity. Sign-ups will be on the table outside the school office prior to each session. There are three sessions throughout the 9-month school year. Special classes are not offered during the summer. A Trinity teacher will escort the children to and from the special classes as well as supervise the class time, therefore, the school will bill for extended care during these classes. Each class runs 30 minutes.

**“Panda Bear Gymnastics”** Our days will be filled with obstacle courses, beam, bars, trampoline, music, games, ribbons, balls, tumbling, vault, and a whole lot of FUN! All these activities assist in building children’s confidence, expands motor development skills, increase coordination, which leads to happy, smiling kids. (Monday)

**“It’s Yoga Kids”** Our Mission is to create a positive force in the world with healthy bodies, minds, and hearts. Movement, meditation and mindfulness help kids and families connect and build life skills to realize their full potential. Besides the well-known benefits of strength, flexibility, focus, balance, coordination and relaxation, Yoga is safe, self-competitive and fun! Perhaps even more enriching than it is for adults, kids learn leadership, teamwork, and communication skills. (Tuesday)

**“Soccer Shots”** is a leader in youth soccer development for children ages 2-8. Their nationally recognized program offers a high energy, fun, age-appropriate introduction to the wonderful game of soccer. Their innovative curriculum emphasizes both soccer skills and character development. Their goal is simple: to leave a lasting, positive impact on every child they serve. (Wednesday)

**“Rhythm and Movement”** with Stephanie Scarpello is a particular favorite with the youngest set! Stephanie will introduce the fundamentals of dance and body movement in a relaxed and fun way for boys and girls alike. The children will be involved in a world of fantasy and fairy tales. She is a teacher at Marin Ballet. Classes run 30 minutes with a maximum of 12 children. (Thursday)

**“Karate”** with Rachelle Taliaferro from the Marin Dojo. This is a basic karate class in which students will learn stances, blocks, kicks, punches, forward rolls and back falls. While learning these techniques, self-discipline is taught in every class. These classes improve self-confidence, concentration, coordination, strength, balance, flexibility, and self-control while learning basic self- defense. With over 6 years' experience in karate, Rachelle incorporates her love for the sport and for teaching children to produce a fun learning experience. (Friday)